
Centre Back

Length from highest point of back of collar to bottom hem

Centre Front

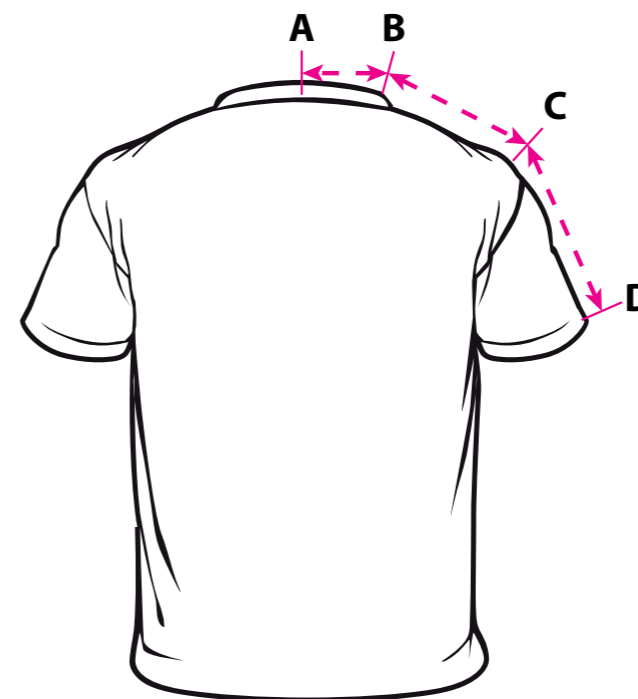
Length from highest point of front of collar to bottom hem

Chest

Width across 1" below armpit hem
Multiply by 2 to get chest measurement

Waist

Width across narrowest section of garment torso
Multiply by 2 to get waist measurement


Sleeve Measurement

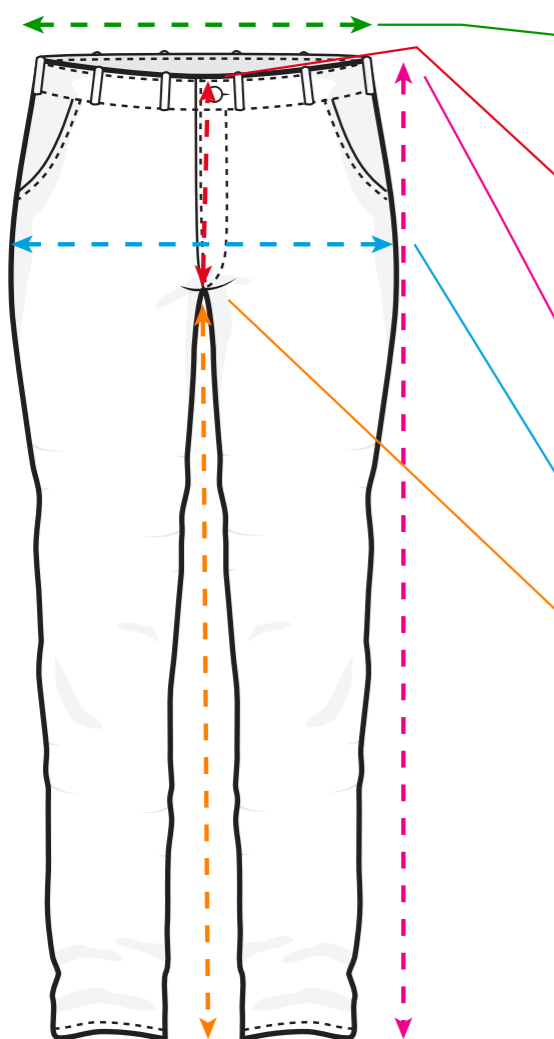
AB + BC + CD

A - Centre Nape

B - Collar along top hem

C - Shoulder along top hem

D - Sleeve along top hem


Waist

Width across waistband laid flat
Multiply by 2 to get waist measurement

Rise

Length from crotch seam to top of waistband

Outseam

Length from highest point of waistband to bottom leg hem

Hips

Width across widest point laid flat
Multiply by 2 to get hip measurement

Inseam

Length from crotch seam to bottom leg hem

MEASURING TIPS

- Always measure with a flexible measuring tape for best accuracy.
- Different fabrics and styles affect length, so consider fabric shrink and stretch factors
- Compare measurements with a brand specific size chart for best match
- Measure multiple garments that fit you well to find a consistent measurement that works for your requirements